Coaches,

The following information will help you prepare for the 2025 season.

**Dues**:

Must be postmarked by January 24th. They are $75.00 and checks should be made payable to THSPA and sent to the following address. Please include the membership form with payment.

THSPA

Box 1072

Crowley, TX 76036

A Membership Application form and rule books can be printed off the website: [www.thspa.us](http://www.thspa.us). Changes will be in yellow. Please take time to read the THSPA rulebook before we begin the season. It will answer most questions you have.

* A $200 late fee will be applied in addition to the $75 membership fee after the January 24th deadline. Schools who fail to pay the required fees will be unable to compete in the regional, or state championships.

**Important Dates:**

* January 24th – State membership dues must be postmarked
* February 22nd – Last qualifying date (*results on this day must be received by midnight)*
* February 24th – 4:00 pm Weight declarations for double qualified lifters.
* March 7th – Regional Meet– Arp HS
* March 21st - State Meet – Taylor County Expo Center, Abilene, TX.

**HOSTING A MEET** –Meet results must be sent via e-mail as a .psm file attachment. The association provides Powerscore software free to member schools and you can download the latest version from the website. Meet results are due by 4:00 PM the Monday following the meet. If you cannot have them to me by that time make sure to contact me, otherwise the results will not be accepted

I will post more information about the Regional Meet as we get closer to the end of the season. Please send me an email with your contact information to wess@arpisd.org. Also I have created a SportYou to ease with communication. The code is WGQF-G23B please join ASAP.

**Invitational Meets**:

Each meet must have at least 3 boy’s teams with at least 15 lifters (minimum 5 lifters per team). All judges must be certified for tri & quad meets.

If I can be of assistance in any way, do not hesitate to contact me.

Wes Schminkey

Arp High School

R3d2@thspa.us

Region 3 Division 2 and 3 Director